



Region 10: the Pacific Northwest

Serving the people of Alaska, Idaho, Oregon, Washington and Native Tribes

[Recent Additions](#) | [Contact Us](#)

Search: All EPA Region 10

You are here: [EPA Home](#) » [Region 10](#) » [External Affairs Page](#) » [PERC](#) » Visiting Seattle

Region 10: the Pacific Northwest

About Region 10

A to Z Subject Index

Topics and Programs

- Air
- Cleanup
- Compliance Help
- Enforcement
- Environmental Assessment
- Toxic Substances
- Waste & Recycling
- Water

Regional Priorities

For Kids

Visiting Our Offices

The Region 10 office of EPA is located in [downtown Seattle](#) at 1200 6th Avenue, in the Park Place building. Visitors are asked to first check in at the Service Center on the 12th floor where we will help locate the people or meeting rooms you are looking for. Below is a list of nearby services for your convenience. EPA does not endorse or recommend any of the businesses below.



- [Hotels](#)
- [Restaurants](#)
- [Transportation Choices](#)
- [Virtual tour of Seattle](#)

Hotels

The location of each hotel is represented by a number on the map. Some hotels use environmental conservation practices. Those hotels with self implemented conservation programs are listed as well as Energy Star Partners, a program of the EPA and U.S. Dept. of Energy. All links below are to websites outside of epa.gov [EXIT disclaimer](#)

- = Water Conservation Program
- = Energy Conservation Program
- = Recycling Program
- = [Energy Star Partner](#)

1. [Crowne Plaza Hotel](#)
6th & Seneca
(206) 464-1980 (800) 521-2762

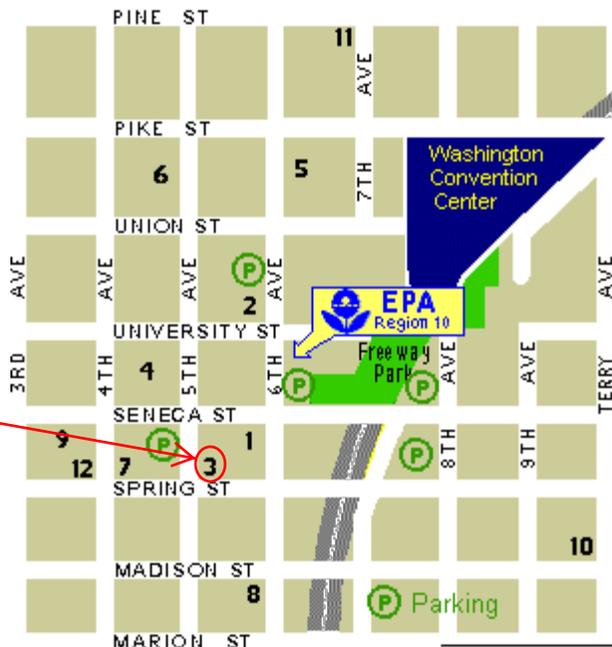


2. [Seattle Hilton](#)
6th and University
(206) 624-0500



3. [Hotel Vintage Park](#)
1100 Fifth Avenue
(206) 624-8000 (800) 624-4433

4. [Fairmont Olympic Hotel](#)
411 University Street
(206) 621-1700
Adopt-a-Shelter: Items normally disposed of during



Block of hotel rooms reserved under "Contaminants Workshop" group at Hotel Vintage Park. Call 1-800-853-3914 prior to Monday, September 20th, 2010 to receive the group rate.

renovations go to families in need.

5. [Sheraton Seattle Hotel & Towers](#)

1400 Sixth Avenue
(206) 621-9000

6. [Red Lion on Fifth Avenue](#)

1415 Fifth Avenue
(206) 971-8000

7. [Executive Hotel Pacific](#)

4th & Spring
(206) 623-3900 (800) 426-1165

8. [Renaissance Hotel](#)

6th & Madison
(206) 583-0300



9. [Hotel Seattle](#)

315 Seneca
(206) 623 5110

10. [Sorrento Hotel](#)

900 Madison
(206) 622-6400
(800) 426-1265

11. [Roosevelt Hotel](#)

1531 7th Ave
(206) 621-1200 (800) 426-0670

12. [Hotel Monaco](#)

1101 4th Avenue
(206) 621-1770

For visitors or groups of EPA staff that are planning to be here more than 4 nights here is a great place to rent a condo for several days or several months: <http://seattlesuite.com/>.

Restaurants

[Top of Page](#)

Each block on the map is numbered. Restaurants are shown grouped together by the block upon which they are located. The location of each restaurant is further defined by the name of the street it faces listed in parentheses.

1. Park Place Building

Beba's Deli (2nd Floor)

2.

Seneca Deli
J.C.'s Deli
Tulio (5th Ave.)
Regatta Bar and Grill (6th Ave.)

3.

Benihana of Tokyo (University)

4.

Fergy's Cafe/Espresso (6th Ave)
Top of the Hilton (6th Ave)
Wild Tiger Pizza (Underground)
Le Chatel (Underground)
Market Fresh Buffet (Underground)



5. One & Two Union Square

Organic To Go
 Blue Water Taco Grill
 Tully's Coffee
 Starbuck's Coffee
 World Wraps
 Pallino Pasta
 Chez Dave
 Union Square Grill
 World Fresh Buffet

7.

Han's Deli & Grocery (Seneca)
 Reiners (8th)

12.

Jasmine (4th Ave)
 Community Deli
 Earth & Ocean (4th Ave)
 Seattle's Best Coffee (4th Ave)

13.

Shuckers (4th)

14.

Medi Cafe (4th Ave)
 Schwartz Brothers (5th Ave)
 Dilettante Mocha Cafe
 Rock Bottom (5th Ave.)

15.

Terrace Garden (middle)
 Tully's Coffee (Union)

16.

Briazz (5th)
 Palomino Euro-Seattle
 Seattle Best Coffee (Union)
 Starbuck's Coffee (5th)

17.

Andiamo Presto (6th)
 Fuller's (6th)
 Pike St. Cafe (6th)

19.

Subway (Pike)
 Taco del Mar (Pike)
 Johnny's Grill
 Starbucks
 Unconventional Pizza
 Cafe Espresso

23.

The Hunt Club (Terry)

24.

First Hill Bar & Grill (Madison)

25.

Vito's (Madison)

26.

Taco del Mar (Madison)

28.

Metro Deli & Sushi (5th Ave))

29.

Cafe Zum Zum (3rd Ave))
 Mexico Lindo (Marion)
 Saigon Express (Madison)
 Subway (3rd Ave)

31.

Bernard's on Seneca (Seneca)
 Sazerac (4th Ave.)
 Starbuck's Coffee (3rd)

32.

Metro Stop Deli (3rd Ave))
 Bernard's on Seneca (German)
 Torrfazione Italia

33.

Starbuck's Coffee (4th Ave))
 Wild Ginger Asian Restaurant (3rd Ave))

34.

Bruno Mazarella (Mexican)

35.

The Frankfurter (4th Ave))
 Mc Donald's (3rd Ave))
 Campagne (86 Pine Street)

36.

Nordstrom Espresso Bar (4th Ave)
 Nordstrom Cafe (middle)

37.

Baci (6th Ave)
 Happy Teriyaki (5th Ave)
 Starbuck's Coffee (Pine)

38.

Von's (Pine)

39.

Dragonfish Asian Cafe (7th Ave)

Return to [TOP](#)

Transportation Choices

By Air: There are many environmentally friendly, cost effective modes of transportation to downtown Seattle from SeaTac Airport.

- [Metro Bus Route 194 \(express\)](#)
- [Private Buses, Shuttles and Courtesy Vehicles](#)

By Bicycle: The EPA Region 10 office has free, covered bike parking for the general public located on the -1 level of the underground parking garage. You can access the garage from 6th Avenue. Recommended biking routes can be found on the [Seattle Department of Transportation](#) web page.

By Bus: [Metro](#) and [Sound Transit](#) offer a variety of routes to downtown Seattle from as far away as Tacoma to the south, Issaquah to the east, and Everett to the north.

By Car: Driving to the Seattle Office on I-5, exit at the Union Street Exit Southbound or the James Street Exit Northbound. Parking lots are indicated on the hotel map above.

By Train: Coming from the [Amtrak](#) / [Sound Transit](#) King Street Train terminal (4th and Jackson Metro "island" stop), there are several bus routes that run between the Region 10 Offices and the train station (the closest stop to EPA is at 3rd and Union). The bus ride is free from the train station in both directions: [7](#), [11](#), [14](#), [26](#), [28](#), [36](#), [39](#), [42](#), [43](#), [49](#) or take a [tunnel bus](#) at the International District Station (between 4th and 5th Avenues at Jackson street, just east of the train station) to the University Station (located at 3rd and University). The tunnel ride is free.

[Top of Page](#)

[EPA Home](#) | [Privacy and Security Notice](#) | [Contact Us](#)

Last updated on Tuesday, March 9th, 2010.

URL: <http://yosemite.epa.gov/R10/EXTAFF.NSF/PERC/Visiting+Seattle>

[Print As-Is](#)